



## Sample Experiential Learning Course

5 nights / 6 days

### Day One:

- Travel to Telunas Beach Resort
- Beach Games and Swimming (Volleyball, Takraw, Ultimate Frisbee, Sand Soccer, etc)
- Dinner at Telunas Beach Resort\*

### Day Two:

- High Ropes Course & Team Building Activities – A full day of facilitated fun and learning involving both high and low elements that will challenge both the individual and team. This first full day of activities will provide a solid foundation for future learning and teamwork activities throughout the week.

### Day Three:

- Community Development Project in a traditional Riau Melayu fishing village. Community Development projects are identified by the local village leaders and are designed so that both the group and the community work together so that they can build relationships through the project.
- Sea-food lunch (Lunch will be in the homes of local Riau Melayu people)

### Day Four:

- Mangrove River expedition\*\*
- Jungle hike to a waterfall and mountain pool for swimming
- Picnic lunch
- Basic jungle survival training and sleep in the jungle\*\*\*

### Day Five:

- Hike back to Telunas Beach Resort
- R&R (swimming, volleyball, beach games, traditional Riau Melayu canoes, etc)

### Day Six: Leave Telunas and return home\*\*\*\*

\*Beside relaxing and hanging out with your friends, at Telunas you can start your evening off with a Bonfire on the Beach and then move into various local fishing activities like learning how to catch shrimp or squid, seeing how fish traps are made, catching fish off our dock, etc (depending on the season).

\*\*The Mangrove Tour takes you through a winding river past a number of small local homes into a dense mangrove swamp filled with flora and fauna. At the end of the river, groups will take a short hike through Kampar Baru, a local farming village, here they will be able to learn how to tap a rubber tree, see how the sap is solidified and shaped for transport to the factory. They will also be able to taste a variety of local fruits like durian, ramputan, mangga, kelapa muda, and more (depending on the season) that are grown in this region.

\*\*\*During this experience you will discover the amazing variety of plant and wildlife that surrounds you while you learn some basic skills in Jungle safety and survival. You will learn about fire, shelter, water, finding and trapping food, etc. You will also learn how to set up your own hammock system or Basha

\*\*\*\*If you are interested in extending your stay there are a number of different activities we could add. Some ideas are “Survivor” type challenges and/or “Amazing Race” games including an overnight on a deserted island after the jungle survival training. There are also many cultural experiences that we could provide if that is of interest (traditional boat making villages, traditional dance and music, etc).